SPORT PSYCHOLOGY

at Arcadia University

Global Perspectives...Personal Attention...Real-World Integrative Learning Experiences

Faculty

Professors

Dr. Angela Gillem

Dr. Barbara Nodine

Dr. Steven Robbins (Chair)

Associate Professors

Dr. Joshua Blustein

Dr. Marianne Miserandino

Dr. Lester Sdorow

Assistant Professors

Dr. Eleonora Bartoli

Dr. Sharon Flicker

Dr. Dennis Gallagher

Dr. Elaine Jones

Adjunct Professors

Adam Levy

Dr. Patricia Scully

Dr. Judith Wiley

Mary Winn

Degree/Concentrations

Bachelor of Arts in Sport Psychology

Related Fields of Study

Biology

Business Administration

Education

Pre-Physical Therapy

Pre-Physician Assistant

Psychology

Psychobiology

Sociology

Related Graduate Study at Arcadia University

Master of Arts in Counseling Psychology

Master of Education with a concentration in Secondary Education with Certification in Social Studies

Pathways to Study Abroad in Sport Psychology

This Majors Abroad Program (MAP) will require at least two semesters of study abroad. Students spend the junior year abroad taking courses at the University of Stirling (Scotland) or the University of Ulster, Jordanstown (Northern Ireland).

Visit the University's Web site for Pathways to Study Abroad (www.arcadia.edu/pathways). Since it is important that students plan ahead for study abroad, they should consult with their advisers as soon as possible and make their intentions known to the Department Chair and the Associate Dean of International Affairs.

About the B.A. in Sport Psychology

- A year of study abroad
- Preparation for careers in marketing, coaching, teaching, personnel management, information presentation, research, human services, and various therapy systems
- Preparation for graduate work in sport psychology, health psychology, rehabilitation, and occupational therapy
- Real-world internships and fieldwork
- Opportunities to conduct and publish research with faculty
- Senior research project
- Opportunities to study abroad at some of the top universities around the world

The Sport Psychology major incorporates a year of study abroad after students have studied psychology basics at Arcadia's campus in Glenside, Pa. Students interested in this Majors Abroad Program will spend their junior year abroad, either at the University of Stirling (Scotland) or the University of Ulster (Northern Ireland), where they will complete a minimum of three courses in sports science or Sport Psychology. Upon their return, they will conduct their senior course doing an internship

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in the field of sport psychology and write a thesis on sport psychology.

This major allows students with this very specific interest in Sport Psychology to study it as an undergraduate. The unique major provides a solid foundation in research skills while encouraging each student to find his or her area of focused interest. Students who decide in spring of their sophomore year that they do not want to go abroad can still complete the Psychology major on schedule.

While Psychology is a subject where working with people is an important feature, Sport Psychology graduates have careers in marketing, coaching, teaching, personnel management, information presentation, research, human services, and various therapy systems. Transferable skills that are valued by employers are interpersonal, communication, numerical literacy, computer literacy, time management skills, and critical thinking. More specifically, Sport Psychology majors are well prepared for graduate work in the fields of sport psychology, health psychology, rehabilitation, and occupational therapy.

Requirements for the Bachelor of Arts in Sport Psychology

(48-51 credits as listed below, with Undergraduate Curriculum requirements and electives to total 128)

First Year

PY	111	Introduction to
		Psychology
PΥ	153	Social Psychology

Sophomore Year

PΥ	221	Psychology as a Natural	
		Science: Learning and	
		Cognition	
PΥ	222	Psychology as a Natural	
		Science: Behavior	
		Neuroscience	
MA	141	Elementary Statistics	
PΥ	142	Research Methods	
US	210	Health Psychology	
One lab science course			

Junior Year

Students spend the junior year abroad taking courses at the University of Stirling (Scotland) or the University of Ulster, Jordanstown

(Northern Ireland). See Pathways to Study Abroad.

Senior Year

PY 490, 491 Senior Course. (Students will focus their senior internship and senior thesis on a topic from the area of Sport Psychology.)