Health Education

at Arcadia University

Global Perspectives…Personal Attention…Real-World Integrative Learning Experiences

Faculty

Andrea Crivelli-Kovach, Ph.D., M.A., MCHES, Professor and Director of Community and Global Health Programs, College of Health Sciences
Katherine Isselmann DiSantis, Ph.D., M.P.H., Assistant Professor
Laura Lessard, Ph.D., M.P.H., Assistant Professor

Adjunct Faculty

Mark Bradley, M.P.H., International Health, Environmental Health
Brandon Becker, M.P.H., Epidemiology, Biostatistics
Theresa Clark, M.P.H., HIV, STDs, Human Sexuality, Family, Community Health Education
Lauren Davey, M.P.H., PA-C, Epidemiology, Genetics
Shannon DeVader, M.P.H., Epidemiology, Biostatistics
Maryann Hughes, M.B.A., Health Care Management and Systems
Melita Jordan, M.S., RN, Social Determinants, Research Methods
Erin Knight, Ph.D., M.P.H., Health Policy, Social Determinants of Health
Diane Koser-Seltzer, M.A., RN, CANP, Stress Management
Marie Manzo, Clinical Psychologist, Family
Dierdre McKee, M.P.H., Grant Writing, Public Health Practice
Robert McKenna, M.S.H.E., Human Sexuality, Drug and Alcohol Abuse
Alex Otieno, M.P.H., International and Global Health
Natasha Patterson, M.P.H., Social and Behavioral Sciences
Alison Tartaglia, M.S.P.H., Nicotene Addiction, Chronic Trauma and Health
Ramona Salotti, M.P.H., RN, Occupational Health, Disaster Preparedness, Research Methods
Sheryl Thomas, M.P.H., International and Global Health, Women's Health

Master's Degrees

Master of Arts Degree in Community Health Education (M.A.H.E.)

Master of Science Degree in Community Health Education (M.S.H.E.)

Dual Degree Program: **Master of Science in Health Education and Master of Medical Science (Physician Assistant) (Note: Arcadia currently is not accepting students into this dual-degree program.)**

About the Master of Health Education Degrees

- Preparation for community public health professions
- Capstone projects that integrate practice and research
- Optional internship that gives students firsthand experience working in a community health setting
- Domestic and international service projects and internships
- Interdisciplinary (ID) course options for international service projects

The Master of Arts in Health Education (M.A.H.E.) is designed for school health and physical education teachers, school nurses, and community health educators. It provides a breadth of knowledge in heath and trains health educators to assess needs and to plan and implement programs within school and community settings. In addition, students are trained to coordinate health education programs and to act as resources and communication links for health education needs and concerns.

The Master of Science in Health Education (M.S.H.E.) focuses on health education and health promotion in various settings, including educational, community, health care, occupational and worksite. It affords students the opportunity to increase their depth of knowledge in health, and behavioral science.

Program Goals: These degrees educate community health education professionals to promote the health of individuals, families, communities, and the environment. This is accomplished through a program that integrates education, and practice in a global

environment. The goals of the Health Education programs are the following:

- Educate community health education professionals and develop the skills needed to promote health within communities.
- Provide an academic environment that integrates community health education with research and practice.
- Enhance the understanding of the connection between health status and human rights.
- Translate knowledge into practice through collaborative service projects both domestically and internationally. This can be accomplished through optional internships and or Interdisciplinary (ID) course offerings.
- Employ scientific investigation to advance community health knowledge of the relationship between health and the structural environment within which individuals live and work.

The Health Education degree is offered through the College of Health Sciences.

Certification

Upon completion of the Health Education Degree, students are eligible to sit for the National Certifying Exam for Health Education Specialists (CHES). This certification is recognized by many employers and is recommended to demonstrate mastery of a specific skill set as a Health Education Professional. Information regarding the test is available online through the National Credentialing of Health Education Specialists website (NCHES).

Health Education Core Competencies for Students

Community Health provides training in the disciplines of community health education and public health. The Master of Arts in Health Education and the Master of Science in Health Education prepare graduate students in the seven major areas of responsibility recognized by NCHEC (National Commission for Health Education Credentialing, Inc.) Those core competencies include:

1. Assessing individual and community needs for health education.
2. Planning effective health education programs.
3. Implementing health education programs.
4. Evaluating the effectiveness of health education programs.
5. Coordinating provision of health education services.
6. Acting as a resource person in health education.
7. Communicating health and health education needs, concerns and resources.

Community health professionals may work in: community health agencies, hospitals, clinics, HMOs, wellness organizations, physician offices, government health agencies, and other health-related organizations.

Admission to the Master of Health Education Program

Applications to the HE Program are reviewed on a rolling basis. Students may apply for admission to the program beginning in Fall, Spring, or Summer. Applications must be complete before they are reviewed for admission to the program.

In addition to the general admission requirements for graduate students, the following program-specific requirements must be met:

1. A completed graduate application including personal statements, to be completed online at *www.arcadia.edu/gradapp*.
2. A bachelor's degree from an accredited institution with a recommended GPA of 2.8 or better in the major course of study.
3. One official transcript from each college, university or professional school attended. Transfer credits included on a transcript must include grades earned; if not, an official transcript from the original school must be submitted. Transcripts must be sent from the issuing school in a sealed envelope and contain the appropriate signatures and seals to be considered official.

4. Three letters of recommendation, at least one from a professor (if a recent graduate) and one from a health professional.
5. Knowledge of the profession through work or volunteer experience.
6. International applicants should visit *www.arcadia.edu/international* for detailed information on admission requirements and application procedures.
   TOEFL/IELTS results are required for all students for whom English is a second language or who have not earned degrees or diplomas from post-secondary institutions in English-speaking countries (e.g. the United States, Canada, England, Ireland, Australia, and New Zealand). A course-by-course evaluation of all transcripts by an independent evaluation service based in the United States is required.

Expenses

(Dual degree program expenses are listed under the specific programs.)

Tuition: 2012-13 $690 per credit

Fees:
Deferred Payment: $40
Audit: $690 per course
Parking: $30 per semester (fall and spring) before 4 p.m. No charge after 4 p.m.

Degree Requirements for the M.S.H.E. in Community Health Education

(36 credits)

Required Core Courses (21 credits)

PBH 501	Social Determinants of Health and Disease (3 credits)
PBH 510	Health Care Systems (3 credits)
PBH 520	Statistical Methods in Health Education (3 credits)
PBH 530	Theories and Principles of Health Behavior and Health Promotion (3 credits)
PBH 540	Research Methods and Design in Health Education (3 credits)
PBH 560	Issues in Community and Environmental Health (3 credits)
PBH 630	Program Planning and Evaluation for Health Professionals (3 credits)

Internship and Capstone (3-9 credits)

PBH 689	Community Health Education Internship (Optional) (3 credits)
PBH 690	Health Education Capstone Research Project Seminar I (3 credits)
PBH 691	Health Education Capstone Research Project Seminar II (Optional: permission from the Program Director) (3 credits)

Electives (12 credits)

PBH 572	Concepts of Mental Health and Mental Illness (3 credits)
PBH 573	Human Sexuality (3 credits)
PBH 575	Family in Contemporary Society (3 credits)
PBH 576	Drug Use and Abuse (3 credits)
PBH 578	Stress: Use and Misuse (3 credits)
PBH 581	Nutrition Conceptsand Controversies (3 credits)
PBH 582	International Health and Human Rights (3 credits)
PBH 583	Contemporary Health Topics (1-3 credits) • Women's Health • Health Communication • Violence and Injury Prevention • Death and Dying • Occupational Health • Emergency and Disaster Preparedness • LGBT Health Issues
PBH 584	Successful Grant Writing (3 credits)

PBH 585	Health Policy, Law and Bioethics (3 credits)
PBH 587	Global Health Communication (3 credits) (pending approval)
PBH 600	Introduction to Epidemiology (3 credits)
PBH 642	Qualitative Research Methods (3 credits)
PBH 645	Evaluation of Public Health Programs: Case Studies (3 credits)

Selected Interdepartmental (ID) courses focus on Public Health domestically and internationally

Degree Requirements for the M.A.H.E in Health Education

(36 credits)

Required Core Courses (18 credits)

PBH 501	Social Determinants of Health and Disease (3 credits)
PBH 530	Theories and Principles of Health Behavior and Health Promotion (3 credits)
PBH 560	Issues in Community and Environmental Health (3 credits)
PBH 630	Program Planning and Evaluation for Health Professionals (3 credits)
PBH 520	Statistical Methods in Health Education (3 credits)

AND one of the following:

PBH 540	Research Methods and Design for Health Education (3 credits)
OR ED 508	Ethnography for Educational Practitioners (3 credits)

Internship and Capstone (3 credits)

PBH 690	Health Education Capstone Research Project Seminar I (3 credits)
PBH 689	Community Health Internship (Optional) (3 credits)

Electives (15 credits)

PBH 510	Health Care Systems (3 credits)
PBH 572	Concepts of Mental Health and Mental Illness (3 credits)
PBH 573	Human Sexuality (3 credits)
PBH 575	Family in Contemporary Society (3 credits)
PBH 576	Drug Use and Abuse (3 credits)
PBH 578	Stress: Use and Misuse (3 credits)
PBH 581	Nutrition: Science, Policy and Controversies (3 credits)
PBH 582	International Health and Human Rights (3 credits)
PBH 583	Contemporary Health Topics (3 credits) • Women's Health • Health Communication • Violence and Injury Prevention • Death and Dying • LGBT Health Issues
PBH 584	Successful Grant Writing (3 credits)
PBH 585	Health Policy, Law and Bioethics (3 credits)
PBH 587	Global Health Communications (3 credits)

Selected Interdepartmental (ID) Courses in Health Education

Public Health and Health Education Courses (PBH)

See website or Public Health section of Graduate Catalog.